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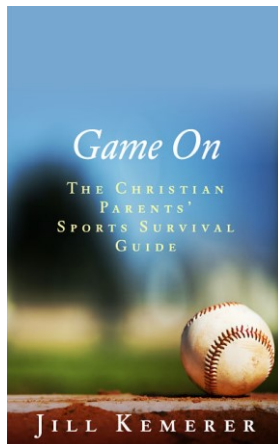
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PRESS RELEASE

A Game Plan for Christian Parents

Jill Kemerer's new release empowers parents with kids in sports

Game On: The Christian Parents' Sports Survival Guide (Ripple Effect Press/April 4, 2017/ISBN: 978-0997817904/\$12.99) is a faith-based self-help book for parents with children in sports. *Game On* explores the realities of youth sports as well as strategies for success when moms and dads are too close to the game. **Jill Kemerer** shares practical tips for adults to maintain their integrity in a competitive environment.



For years I couldn't escape the anxiety that came with my children's sports. The competitive atmosphere prevalent among parents often left me anxious, upset—even bitter. But all that changed when I defined *why* I wanted my kids playing. Instead of fretting about their performance, I saw opportunities for them to grow. Now I enjoy watching them play without letting politics, other parents, or my own unrealistic expectations get in the way.

Join me in exploring the realities of sports, the reasons parents get caught up in unhealthy competition, and strategies to keep the big picture in mind when we're too close to the game. We *can* be composed and confident while our kids are in sports.

Jill Kemerer has spent years shuttling her kids to practices, games, and tournaments for a variety of sports. She knows first-hand how easy it is to get caught up in the extreme competitiveness among other parents. But instead of fretting over perceived injustices, unequal playing time, or bad games, Jill's learned to focus on enjoying watching her kids play. She urges parents to fight the insecurity and pride youth sports bring out of adults and to encourage their children *to do* their best, rather than *to be* the best.

Praise for *Game On*:

"With concrete exercises to take away long after reading this book, Biblical examples to keep you grounded, and personal stories every sports-parent can relate to, Kemerer knocks it out of the park with this how-to manual on surviving the Game On years!" ~ [Susan Tuttle](#), Christian author and homeschooling sports mom of three

"Kemerer's *Game On* is like a life-preserver for those who are drowning in the drama and stress of youth sports. From page one, Kemerer challenged me to examine why I had my kids in sports in the first place. She addressed the big lie that most parents believe about youth sports, and then she finished with practical strategies on how to extend life-preserving grace to everyone, even in the middle of the chaos. Whether your child is just beginning tee-ball or is swamped by the tidal wave of high school sports, *Game On* will give you the tools to celebrate their victories and guide them through their struggles by seeking God's perspective through it all." ~ [Janice Boekhoff](#), author of *Crevice* and mom to three sports-addicted kids.

About the Author



Jill Kemerer is a multi-published author with Harlequin™ Love Inspired. Her first nonfiction book, [*Game On: The Christian Parents' Sports Survival Guide*](#), releases April 4, 2017. Her fifth Christian contemporary romance novel, *Hometown Hero's Redemption*, will be available May 23, 2017. Jill is a monthly contributor to the [Pink Heart Society's](#) online magazine, and she regularly writes for the popular [Craftie Ladies of Love Inspired blog](#). She graduated magna cum laude with a bachelor's degree in electrical engineering.

Jill enjoys coffee dates, reading, nature walks, and fluffy animals. She resides in northern Ohio with her husband and two almost-grown kids. Visit her website www.jillkemerer.com for more information.

Possible Interview Questions

- What prompted you to write this book?
- *Game On* is written *for* parents. Why did you focus on adults rather than on the kids playing sports?
- In the book's introduction, you make it clear you're not an expert about youth sports. Why did you feel qualified to write it?
- What mistakes have you made as a sports mom?
- Why is this a Christian parents' sports survival guide? Can all parents benefit from reading it?
- Are you always calm at games or do you still struggle with any of the issues you write about?
- Describe your journey from electrical engineer to romance novelist to nonfiction writer.
- What do you hope readers take away from the book?

Jill Kemerer is available for interviews to promote the release of *Game-On*. To request a review copy, schedule an interview or for more information, please contact Jill, jill@jillkemerer.com.